



Swimming Australia Limited

Illicit Drugs Policy

Effective from (approved 10 May 2010)

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1. Position statement

- 1.1. The use of Illicit Drugs:
 - (a) is harmful to Athletes and their health;
 - (b) hinders an Athlete's performance;
 - (c) brings Athletes, Swimming Australia and the sport of swimming in to disrepute; and
 - (d) sets a poor example for members of the community and in particular children who view Athletes as role models.
- 1.2. Swimming Australia wishes to prevent the use of Illicit Drugs in Sport through increased education for Athletes and the community in relation to the potential harm associated with the use of Illicit Drugs.
- 1.3. Swimming Australia has adopted and implemented an anti-doping policy and rules which conform to the rules established by the World Anti Doping Authority, the International Olympic Committee, FINA and the Australian Sports Anti-Doping Authority. Swimming Australia's Anti-Doping Policy is available on its website (<http://www.swimming.org.au>).
- 1.4. Swimming Australia's Anti-Doping Policy, amongst other things, prohibits the in-competition use of performance-enhancing and other Illicit Drugs.
- 1.5. Swimming Australia has adopted this Illicit Drugs Policy to:
 - (a) address and deter the out-of-competition use of Illicit Drugs by Athletes;
 - (b) deter and prevent the use of Illicit Drugs in the community; and
 - (c) reduce the harm caused to individuals, families and stakeholders of Swimming Australia and the broader community as a result of Illicit Drugs.
- 1.6. In implementing this Illicit Drugs Policy, Swimming Australia will adopt a management approach which focuses on education, awareness and prevention initiatives.

2. Objectives

- 2.1. Swimming Australia is committed to deterring the use of Illicit Drugs in sport through tailored programs for:
 - (a) the prevention of use of Illicit Drugs in swimming through education programs targeted at Athletes, coaches and administrators;
 - (b) harnessing the power of positive sporting role models (Athlete ambassadors) to help deliver community education and prevention initiatives about the harms associated with Illicit Drug use at the community level; and
 - (c) effective counselling for Athletes using Illicit Drugs.
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3. Definitions

In this Illicit Drugs in Swimming Policy:

- 3.1. "Athlete" shall mean any person who participates as an athlete in swimming events under the authority of Swimming Australia.
- 3.2. "Athlete Support Personnel" means any coach, trainer, manager, agent, team staff member, official, scientist, medical or para-medical or other personnel working with, treating or assisting an Athlete preparing or participating for sporting activities.
- 3.3. "Department" means the Department of Health and Ageing.
- 3.4. "Illicit Drugs" means those illicit drugs identified in Article 8 of this Illicit Drugs Policy.
- 3.5. "Member" means a member of Swimming Australia as defined in its Constitution.
- 3.6. Words in the singular include the plural and vice versa.
- 3.7. A "person" includes a body corporate.

4. Application

- 4.1. This Illicit Drugs Policy applies to:
 - (a) Athletes;
 - (b) Athlete Support Personnel;
 - (c) Members;
 - (d) Employees and contractors of Swimming Australia; and
 - (e) any other Person who has agreed to be bound by this Illicit Drugs Policy.

5. Obligations

- 5.1. The persons identified in Article 4 are bound by this Illicit Drugs Policy as a condition of their participation and/or involvement in the sport.
- 5.2. **Athletes** must:
 - (a) be knowledgeable of and comply with all rules applicable to them under this Illicit Drugs Policy.
 - (b) be aware of and keep up to date with what Illicit Drugs Athletes are prohibited from using.
 - (c) not use any Illicit Drugs prohibited under Article 8 of this Illicit Drugs Policy.
 - (d) use their influence on other Athletes' to deter the use of Illicit Drugs.
 - (e) proactively participate in all education programs promoted by Swimming Australia to deter the use of Illicit Drugs.

- (f) comply with all reasonable requests by Swimming Australia to participate in educating the public about the dangers of Illicit Drugs.
- (g) act in a discreet and confidential manner in discharging their obligations under this Illicit Drugs Policy.
- (h) comply with all reasonable requests by Swimming Australia to participate in rehabilitation and counselling where appropriate.

5.3. Athlete Support Personnel, and Employees and Contractors of Swimming Australia must:¹

- (a) be knowledgeable of and comply with all rules applicable to them or the Athletes whom they support under this Illicit Drugs Policy.
- (i) be aware of and keep up to date with what Illicit Drugs Athletes are prohibited from using.
- (a) use their influence on Athletes to deter the use of Illicit Drugs and educate them about the harms associated with using Illicit Drugs.
- (b) act in a discreet and confidential manner in discharging their obligations under this Illicit Drugs Policy.

5.4. Roles and responsibilities – Members must:

- (b) Ensure their Rules require all Athletes, Athlete Support Personnel and any other persons under the jurisdiction of the Member are bound by this Illicit Drugs Policy.
- (c) be knowledgeable of and comply with all rules applicable to them or the Athletes whom they support under this Illicit Drugs Policy.
- (d) be aware of and keep up to date with what Illicit Drugs Athletes are prohibited from using.
- (e) use their influence on Athletes to deter the use of Illicit Drugs and educate them about the harms associated with using Illicit Drugs.
- (f) act in a discreet and confidential manner in discharging their obligations under this Illicit Drugs Policy.

5.5. Roles and responsibilities – Swimming Australia will:

- (a) adopt, implement and comply with this Illicit Drugs Policy.
- (b) require as a condition of membership with Swimming Australia that the policies, rules and programs of Members are in compliance with this Illicit Drugs Policy.
- (c) develop and implement appropriate education and prevention programs and initiatives for swimming to deter the use of Illicit Drugs and to provide education about the harms associated with using Illicit Drugs.

¹ Note: It is recognised that *Athlete Support Personnel* in certain professions may be subject to legal obligations with respect to confidentiality and disclosure.

- (d) use its best efforts to assist all those to whom this policy applies to fulfil their responsibilities under this Illicit Drugs Policy.
- (e) adopt privacy principles consistent with the Swimming Australia Privacy Policy and the Department and legislative requirements.
- (f) make reasonable efforts to make this Illicit Drugs Policy available to Athletes, Athlete Support Personnel, Members, and any other person who has agreed to be bound by this Illicit Drugs Policy.
- (g) ensure that at all times it has the authority to enforce this Illicit Drugs Policy.
- (h) ensure its employees and contractors act in a discreet and confidential manner in discharging their obligations under this Illicit Drugs Policy.
- (i) provide information and education to all staff regarding their responsibilities in relation to matters pertaining to achieving the objectives of this Illicit Drugs Policy.
- (j) obtain the Department's approval for any amendments to this Illicit Drugs Policy.

6. Illicit Drugs Policy Officer

- 6.1. Swimming Australia shall appoint a suitable person (for example but not necessarily the Chief Medical Officer) to the position of Illicit Drugs Policy Officer.
- 6.2. The Illicit Drugs Policy Officer shall:
 - (a) be responsible for the supervision and administration of this Illicit Drugs Policy and the associated education programs, and dissemination of this policy to whom the policies applies.
 - (b) act in a discreet and confidential manner in discharging Swimming Australia's obligations under this policy.

7. Education Programs

- 7.1. Swimming Australia will develop and implement appropriate education and prevention programs and initiatives for swimming consistent with the Department's Illicit Drugs in Sport - Education and Action Plan ("Action Plan").
- 7.2. Swimming Australia's education and prevention programs will promote the key messages of the Action Plan to identified target groups and will be delivered through mediums suitable to the target audiences. These programs and initiatives will reflect key messages such as:
- 7.3. illicit drug use is harmful,
- 7.4. illicit drug use can affect your sporting performance - in or out of competition, during the off-season, or on the weekend,
- 7.5. illicit drug use can affect your reputation and sporting career,
- 7.6. illicit drug use can affect your sports team,

- 7.7. illicit drug use can impact on the community who support you,
- 7.8. participating in sport supports a healthy lifestyle.
- 7.9. Swimming Australia will incorporate information relating to this Illicit Drugs Policy, including without limitation lists of prohibited Illicit Drugs, into the education programs.
- 7.10. Swimming Australia will provide information about, and referrals to, counselling and support programs in relation to Illicit Drugs in the education programs. These programs may be face to face or by way of an on-line service as appropriate.

8. Prohibited Illicit Drugs

- 8.1. The Illicit Drugs prohibited under this Illicit Drugs Policy will be:
- 8.2. those drugs scheduled in the List of Prohibited Illicit Drugs published by the Department as amended from time to time; and
- 8.3. any other illicit drug or any drug the possession or use of which is unlawful in a State or Territory of Australia, or in any country, where an Athlete is present.
- 8.4. Swimming Australia will maintain a non-exhaustive list of the drugs prohibited under this Illicit Drugs Policy but it shall remain the responsibility of each and every person to whom this policy applies to use their best endeavours to determine whether or not the possession or use of a particular drug is prohibited by this policy.
- 8.5. Swimming Australia will use reasonable efforts to inform persons to whom this Illicit Drugs in Sport Policies applies of any changes to the list referred to in clause 8.2 above

9. Amendment and Interpretation of Illicit Drugs Policy

- 9.1. This Illicit Drugs Policy may be amended from time to time by Swimming Australia with the approval of the Department.
- 9.2. This Illicit Drugs Policy shall be interpreted as an independent and autonomous text and not by reference to existing law or statutes.