Swimming Pathway

Club Squads LTS Program & Squads Youth **Senior Fitness Development Squad Squad State Development** Squad **Junior Gold** Squad **Junior Fitness Squad Junior Green** Squad Junior Aqua & **Blue Squad Development Squad School Age Multi-Class Squad** Learn to Swim **Pre-School** Adult **Learn to Swim Learn to Swim** Teen

Open High Performance Squad

State Senior Squad

National Age Performance Squad

State Youth Squad

State Junior Squad

National Target Squad

Infant Learn to Swim

Teen
Learn to Swim

