

SURREY PARK

SWIMMING NEWS

October 2019 Edition



INSIDE THIS EDITION:

- Free Development Squad Clinic
- Annual Swim School Carnival
- Vic Short Course Championships

SURREY PARK SWIMMING CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					18 th October	19 th October
20 th October QLD Open Water Championships CA Trifion LC Meet	21 st October	22 nd October	23 th October	24 th October Aust Short Course Championships	25 th October Aust Short Course Championships	26 th October Aust Short Course Championships Metro East District Meet
27 th October	28 th October	29 th October	30 th October	31 st October	1 st November	2 nd November
3 rd November Surrey Park LC Meet	4 th November	5 th November Public Holiday	6 th November	7 th November	8 th November	9 th November
10 th November Metro Junior District Comp	11 th November Water Safety Week	12 th November Water Safety Week	13 th November Water Safety Week	14 th November Water Safety Week	15 th November Water Safety Week	16 th November Water Safety Week Development Squad Clinic
17 th November Water Safety Week	18 th November	19 th November	20 th November	21 st November	22 nd November	23 rd November
24 th November Swim School Carnival	25 th November	26 th November	27 th November	28 th November	29 th November	30 th November

LTS Learn Development Squad Clinic to Swim Club Squads Combined Public Holidays

For the latest news, updates and training schedules, please view our website: www.surreypark.org.au

LEARN TO SWIM AND DIVE

REMINDERS & NEWS

Term Four

Welcome to term 4 to all returning and new families! This is the longest term of the year and we hope everyone has a fun term and enjoys their lessons. As always, please come and see our Lead instructors and Customer service officers if you have any questions.

All new families have hopefully collected their access cards if they swim at Aqualink by now, if you haven't, please see our friendly team and we will be able to create these for you. Please remember to hold onto these even if you take a break, as we do charge replacement card fees.

Term Dates

- 5th November – Melbourne Cup Public Holiday
- 11th – 17th November – Water Safety Week
- 24th November – Annual Swim Carnival
- 2nd – 15th December – Priority Re-Enrolment bookings for Term 1 Open
- 15th December – Families removed from classes if not paid for Term 1
- 6th January – Bookings Open to Public
- 6th – 10th January – Holiday Program Week 1
- 13th – 17th January – Holiday Program Week 2
- 20th – 24th January – Holiday Program Week 3
- 28th January – Term 1 2020 commences

Assessments

Our lead instructors will be following this guide to assess all students this term. If your child is missed one week, don't worry, our leads will get to everyone in a 3 week period! Infant, private and adult classes, please speak with your teacher if you would like feedback on your progress.

Week number	Week starting	Lanes assessed
Week 1	7 th Oct	No assessments but leads will check on students who are new to a level – students are often rusty after a holiday break so they need a week to warm up
Week 2	14 th Oct	Lanes 1 and 2 of all pools
Week 3	21 st Oct	Lanes 3 and 4 of all pools
Week 4	28 th Oct	Lanes 5 of 25m pools and Lanes 5, 6, 7, 8 of learners pools
Week 5	4 th Nov	Lanes 1 and 2 of all pools
Week 6	11 th Nov	Water safety week – Lanes 1 and 2 of all pools
Week 7	18 th Nov	Lanes 3 and 4 of all pools
Week 8	25 th Nov	Lanes 5 of 25m pools and Lanes 5, 6, 7, 8 of learners pools
Week 9	2 nd Dec	Re-enrolment time for term 1 2020 – assessment will still happen
Week 10	9 th Dec	Re-enrolment time for term 1 2020 – assessment will still happen
Week 11	16 th Dec	Last week of term and Christmas theme week! - assessments will still happen if required

Blackburn/BHS Centre Swimmers



When turning right from Middleborough road into the car park of the centre, you must turn into Clarice Road. The turn directly into the car park has a "no right turn" sign and the police have been enforcing this.

Water Safety Week

Water Safety Week commences from Monday the 11th November and concludes Sunday the 17th November. Please remember to bring an old T-shirt to wear for all beginner and intermediate levels (Level 5 and below, all adult, teen, and tot classes). The clothes won't be worn for the whole lesson but provide good practise and are a component in our skills criteria for every level. Level 6 to Fitness squad will need to bring long sleeve top and/or pants. If Fitness and Development squads are up for the challenge, bring along some old shoes!

With summer approaching, this term we will be focussing on beaches.

Water Safety Talks

We are now taking bookings for our FREE community water safety talks for term 1 2020.

If your school, kinder or childcare centre would be interested in our talks, please pass on our details and get them to email schools@surreypark.org.au.

Our talks are interactive and cover topics such as safety at the beach, inland waterways and pools! This can be a great help for your child to achieve their Victorian water safety certificate by the end of primary school.

If your child attends a kindergarten or primary school, please inform them we offer this service, it is a great addition to your child's education and is fun!

Instagram Promotion

Thank you to Puddle Pics for taking some fantastic underwater photos of our families. Congratulations Aubrey on being our winner of a free underwater photo session through

our promotion on Instagram. If you don't already follow us, please follow us on Instagram at [surreyparkswimming](https://www.instagram.com/surreyparkswimming) to keep an eye open for our term 4 promotions and tips as we head towards summer.

Development Squad Clinic

Saturday 16th November. If your child is interested in club swimming and is in development squad or fitness, please come along. We will be handing out fliers with more information in the 2 weeks leading up to the event.

Annual Swim School Carnival

This year's annual swim carnival will be held on Sunday the 24th November at Aqualink Box Hill.

Open to swimmers from all pools in the following programs:

- Preschool (Pre-level 1 to Pre- Level 5)
- School age (Level 1 to Development squad)
- Teen (intermediate to advanced)
- Privates (all levels)

Details:

- The learner's pool will be running from 2-3pm
- The 25m pool races will be running from 2-4pm
- Level 3 and below will be in the learners pool
- Level 4 and above will be in the 25m pool outside

There will be face painting, games and fun races and relays. All swimmers should come along for a try! It will be a fun day.

Regular Aqualink entrance admission fees apply.

Annual Customer Survey

Big thanks to everyone who filled in our survey last term!

Everyone who provided contact details has been replied to if they requested a call back, however some families submitted anonymous feedback and did not provide contact details. If you are still waiting on a reply, please get in touch!

New Watch Around Water Guidelines Coming to Aqualink Box Hill

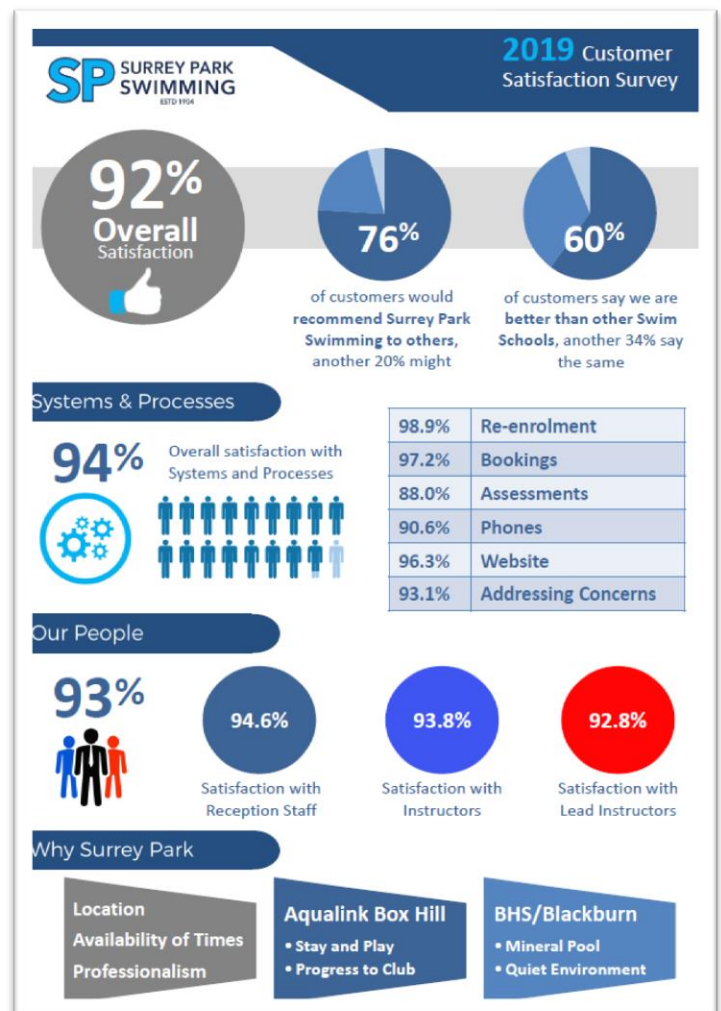
Effective 2nd December 2019, children under age 10 will be required to wear a coloured wristband based on their age.

Children under five years old

- Constantly supervised by a parent or guardian and within arm's reach. Must wear a **pink** wristband.

Children between age five and 10

- Constantly and actively supervised by a parent/guardian. Must wear a **yellow** wristband.



Your Opinion Matters!

Can we ask you for a favour?

Would you mind sharing your experience in an online review? It would be really helpful to other customers. The best site for this is Google:

<https://g.page/SurreyParkSwimming-BoxHill/review>

<https://g.page/SurreyParkSwimming-Blackburn/review>

Thanks in advance!

Follow us on Facebook and Instagram





A large number of our new families hear about Surrey Park through friends who swim with us.

This term we want to reward you for spreading the word!

If you're currently enrolled with us we'd like to offer you a credit on your account for each new family that enrolls in our learn to swim program before the 10th November 2019.

So spread the word, the more you refer, the more you save off your lessons

As an example:

Your friends enrol and pay for swimming lessons in level two of our learn to swim program.

1 family = \$21.00 credit

3 families = \$63.00 credit

And the great news is not only will you receive a credit, your friend will as well.

All new families that enrol must let us know they are referred by you at the time of the booking to be eligible for the credit.

*See terms and conditions

Terms and Conditions: Refer a friend program

The person referring

- To be eligible for a free lesson credit valued of up to \$21.00 (\$18 for a Tots Program referral) you must be currently enrolled and fully paid for term 4 2019 lessons.
- You can refer as many friends as you like over the promotional period, with a free lesson credit for each family referred, not the number of students referred within the family.
- New families must not have been a previous Surrey Park Swimming customer and must enrol and fully pay for their lessons during the promotional period. Enrolments after the promotional period are not eligible.
- Credits for this promotion will be applied against term 1 enrolments or the January school holiday program once the new referred family have completed the Term

The person enrolling

- The person enrolling must inform our customer service staff at the time of enrolment who referred them. Referrals communicated after the enrolment booking is made are not eligible for this promotion.
- New referrals must pay for their enrolment in full at the time of booking to be eligible for the free lesson credit and for the credit to be placed on their friend's account.
- Only new customers to Surrey Park Swimming are eligible

Promotion ends on Sunday 10th November 2019

CLUB SQUADS

REMINDERS

& NEWS

Club Uniforms

Club uniforms have now been ordered for delivery we are hoping the first week of December. If you have missed out on ordering a uniform it is not too late. There are order forms at our reception desk at Aqualink Box Hill or please refer to previous uniform email sent from communications.

Victorian Age Short Course Championships

There were 48 Surrey Park swimmers entered in the 2019 Victorian Age Short Course Championships held at MSAC from 30 August to 1st September. 24 of these qualified for the final in at least one event and the Club had 68 finalists in individual events. Overall Surrey Park swimmers achieved medals in 32 events.

The highlight was certainly the Surrey Park team spirit with all swimmers supporting and cheering on their team mates and those swimmers who were not competing coming in to support their fellow Club members. During the finals all were standing up and cheering before each swimmer's race.

Congratulations to Chantelle Underwood who on the basis of her results gained selection on the Victorian team and competed at the State Teams Challenge in Canberra from 4th to 6th October.



RESULTS

Join now and get
3 Free PT Sessions!
Save \$99

*Must join between 17-25 October 2019.
New members only. T&Cs apply.



Proudly owned and operated by Whitehorse City Council.

Aqualink Nunawading
Fraser Place, Forest Hill
Phone 9579 4576
enquiry@aqualink.com.au

Aqualink Box Hill
Surrey Drive, Box Hill
Phone 9843 2900
enquiry@aqualink.com.au

aqualink.com.au

Victorian Open Short Course Championships

Surrey Park was represented by a team of 28 swimmers at the Vic Open SC Champs held at MSAC on the weekend of 14/15 September.

Eleven Surrey Park swimmers qualified for the finals in at least one event; the Club had 29 individual finalists.

Marco Soesanto achieved silver medals in the Open Men's 200 and 400m Individual Medley events.

Georgia Watkins won a bronze medal in the Open Women's 200m Butterfly.

In addition the Club entered 8 relay teams. 6 of these teams finished in the top 10 and Surrey Park's Women's 4X100m Medley Relay team of Mia Holah, Maaïke Vrij, Georgia Watkins and Chantelle Underwood achieved a bronze medal.



Instagram and Facebook

Make sure you follow us on Instagram and Facebook (search surreyparkswimming) to see the latest information as we post photos and updates of the club and its swimmers.

SURREY PARK PARTNERS WITH MOUNTAIN SHADE



Mountain Shade, a leading supplier of Australian Standard certified Marquee's, Gazebo's and Outdoor Branding has joined the Surrey Park Swimming list of sponsors. Mountain Shade is a sponsor of Swimming Victoria and Swimming WA and various Victorian metro clubs. Mountain Shade will supply Surrey Park Swimming with its top of the line Printed Marquee's for use at meets, and at Balwyn.



Mountain Shade will also provide an exclusive offer for Surrey Park Swimming customers, members and their family. Get 15% discount off your next marquee/gazebo/outdoor branding purchase at Mountain Shade. Offer is available till October 31 2019, so be quick. Please Quote Surrey Park Swimming to receive this discount.



Mountain Shade sell online, via phone and via their warehouse in Thomastown.

www.mountainshade.com.au OR 1300 320 540 during business hours Monday to Friday.

Welcome Mountain Shade to the Surrey Park family and please support them if you are thinking of purchasing any outdoor branding.



SUNSMART MESSAGE



Over the years the Sunsmart message has expanded to Slip! Slop! Slap! Seek! Slide!

Surrey Park Swimming is a supporter of sun smart messaging and asks all our members and families to protect themselves from skin cancer during sun protection times:

- ❖ Slip on sun protective clothing that covers as much as possible.
- ❖ Slop on SPF 30 or higher broad-spectrum, water-resistant sunscreen, at least 20 minutes before sun exposure. Reapply every two hours or more often if perspiring or swimming.
- ❖ Slap on a broad-brimmed hat that shades your face, neck and ears.
- ❖ Seek some shade.
- ❖ Slide on your sunglasses



SPORTING CHAMPIONS GRANTS

The Local Sporting Champions program provides financial assistance for coaches, officials and competitors aged 12-18 participating in state, national or international championships

<https://www.sportaus.gov.au/grants-and-funding/local-sporting-champions>

Applications Close 31 December 2019

It's applicable for our members who travel to the open or Age Nationals, successful applicants will receive \$500-\$750 towards the cost of attending:

- Base Grant: \$500
- Applicants travelling 800km-1999km to their nominated championships: + \$100
- Applicants travelling internationally or greater than 2000km to their nominated championships: + \$200

SAFE SPORT FRAMEWORK

To access further details about the framework, visit our website at <http://surreypark.org.au/safesport/>.

The Safe Sport Framework and the Victorian Child Safe Standards confirm the shared responsibility everybody in the swimming community has to ensure that there is an overarching culture of child safety.

Surrey Park members are required, at all times, to comply with the Code of Conduct and the Code of Conduct for Dealing with Children and Young People in the Safe Sport Framework. Additional Codes of Conduct apply for Club members participating in team camps, trips and other activities.

In accordance with the Safe Sport Framework all applicants for employment at Surrey Park are required to undergo extensive screening and background checks.

All paid staff, committee members, officials and other volunteers who could potentially have unsupervised contact with children are required to have a valid Working With Children Check.

If you have any concerns about a breach of this code please [click here](#) to view the reporting process.

SURREY PARK SEAHORSES

Are you thinking about life after competitive swimming with the SPSC... or are you a mum, dad, or older sibling of a member wanting to get back into swimming after a break? Well how about talking to someone at the Seahorses Masters Swimming Club, or better still turn up to one of their club training sessions and find out about the range of pool and open water swimming activities the club is involved in. One member is even in training for a channel swim in September!

The club trains at Box Hill Aqualink on a Thursday from 7.15 to 8.15pm and Sunday 9.30 to 11.30 followed by a social coffee; and



at Balwyn on Tuesdays and Wednesdays 7.15-8.15 and again on Saturdays 9.30-10.30.

Pick up a brochure from Box Hill or Balwyn pools or email the club at info@surreyparkseahorses.org.au

DISCOUNTS FOR OUR SWIMMERS

Discount on Merchandise for our Swimmers at Aqualink Box Hill!

Enrol in our Learn to Swim program and receive a 10% discount on all Aqualink Merchandise.

Note: At time of purchase you must show your Surrey Park Swimming Entry Card.

Aqualink stocks a range of speedo bathers, goggles and accessories, plus Aqualink branded merchandise.

Discount on Memberships for Competitive Swimmers at Aqualink

If you train twice a week or more at Aqualink you can save money by getting an Aqualink Swim membership.

As a Surrey Park member, you will receive 30% discount on upfront term or yearly memberships (3 or 12 months) or you do not pay the joining fee if you choose monthly direct debit.

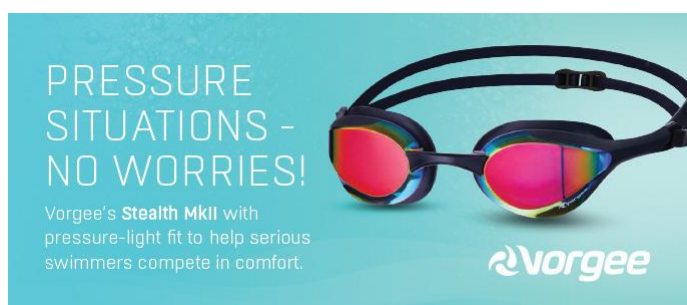
*This is an Aqualink Corporate Membership and no further discounts are applicable

For all enquiries please book a time with an Aqualink Membership Consultant.

As an Aqualink member you can come as many times as you want to Aqualink Box Hill or Aqualink Nunawading and you are entitled to a 10% discount on all merchandise on presentation of your membership card.

Discount on Vorgee Goggles for Competitive Swimmers at Blackburn

We are now stocking Vorgee performance goggles at our Blackburn Centre (the Stealth, Eclipse and Fuze) and are offering a 20% discount for all Surrey Park members.



"The Stealth is my favourite goggle, the Eclipse the best outdoor goggle I have used and the Fuze is our most popular racing goggle" Matt Welsh (Olympian)

OUR SPONSORS

WE HAVE GIVEN \$5 MILLION TO OUR LOCAL COMMUNITY

Surrey Hills **Community Bank®** Branch



Great offers for Surrey Park Swimming Members

Special packages are available to Surrey Park Swimming members. Contact the Surrey Hills Branch to learn more about current offers on Lending, Investments & Insurance.

We will support **Surrey Park Swimming** with sponsorship and grants as members support us. Sponsorship and Grants of up to \$1,000 are available to Surrey Park Swimming for families who take up special packages and offers.

Contact the friendly team at the Surrey Hills Branch to see how we can assist you.

Surrey Hills Community Bank
107 Union Rd, Surrey Hills

P: 9890 7188

E: surreyhillsmailbox@bendigoadelaide.com.au

CANTERBURY SURREY HILLS COMMUNITY FINANCE LTD.

www.supportingourcommunity.com.au

The Pancake Parlour

is an Australian family-owned pancake restaurant chain, serving sweet and savoury pancakes and crepes in various locations around Victoria.

Mountain Shade

Mountain Shade is a leading supplier of Australian Standard certified Marquee's, Gazebo's and Outdoor Branding

Surrey Park families get 15% discount off marquee/gazebo/outdoor branding purchased from Mountain Shade. Valid until October 31 2019



Quest Apartment Hotels – Mont Albert

Quest Apartment Hotels has over 150 properties in Australia, New Zealand and Fiji. They are located in central business districts, suburban and regional areas with close proximity to head offices, business centres and key tourist destinations.

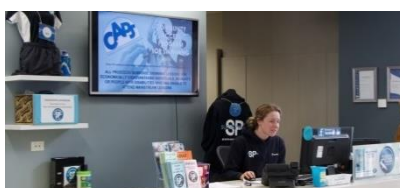
Quest Mont Albert offers special rates for Surrey Park Swimming Club members, staff and guests

Call to book on +61 3 9645 8357, and mention Surrey Park Swimming to receive our rates.

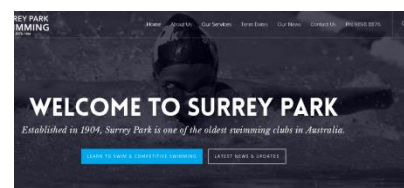
OUR VISION

Surrey Park Swimming Club seeks to provide the best club environment in Victoria for the development of all its swimmers to their full potential in an atmosphere of enjoyment and professionalism.

WHERE TO FIND US!



If you have any queries, concerns or feedback both positive and negative, we would love to hear from you. [Drop into our reception desk](#) and have a chat to our customer service staff at any time throughout the term.



[Visit our website](#) to keep up to date with latest news, member's login, training schedules and all things Surrey Park.

www.surreypark.org.au



Surrey Park Swimming

at Aqualink Box Hill, Surrey Drive, Box Hill, VIC 3128

T: 9898 8876

E: aqualink@surreypark.org.au

at Blackburn, 313 Middleborough Rd, Box Hill South, VIC 3128

T: 8899 6476

E: blackburn@surreypark.org.au

W: surreypark.org.au