

SURREY PARK CLUB NIGHT'S

ARE BACK

Come and join us for an evening of race practice and have a little bit of fun along the way.

We will be hosting a series of 3 club nights throughout October and November each with a special theme, finishing off the year with our club championships on the 18th of December

Week 1: 21st October

Week 2: 4th November

Week 3: 25th November

Week 4: 18th December- club champs

Warm up will be from: 4:30-5:00

Racing will be from 5:00-6:30



PLEASE BRING WITH YOU, BATHERS, GOGGLES
TOWEL AND A CHAIR TO SIT ON. THERE WILL BE
A POOL ENTRY FEE FOR ALL PARTICIPANTS

What is club night?

The Surrey Park Swim club is inviting all swimmers from level 7 to State Development to come and participate in a small race meet program. We encourage all squad swimmers to participate and practise racing in a less stressful and fun environment. As we return to a more normal racing calendar, lets finish off the year with some fast, fun swimming!

Club night will have races that swimmers can participate in. They can choose however many events they would like to try! It will also give them a chance to practise events they may not regularly compete in.

Events

EVENT 1 50 FREESTYLE

EVENT 2 50M BACKSTROKE

EVENT 3 50M BREASTSTROKE

EVENT 4 50M BUTTERFLY

**EVENT 5 25M BUTTERFLY
(LEVEL 7-DEVELOPMENT SQUAD OPTION)**

EVENT 5 100M IM

FOR ANY INFORMATION REGARDING THE CLUB NIGHT, PLEASE EMAIL
LAURA SEDDON (LAURA@SURREYPARK.ORG.AU)

THE SURREY PARK SWIMMING CLUB IS OPEN TO ALL SWIMMERS WHO
ARE INTERESTED IN COMPETING. THERE IS NO NEED TO BOOK, JUST
SHOW UP.

