

# SURREY PARK

# NEWS

TERM ONE  
2023





# LEARN TO SWIM & DIVE REMINDERS AND NEWS

## MESSAGE FROM OUR SWIM SCHOOL MANAGER

CHARITY

Welcome back to swimming lessons for term 1 2023. We hope you had a great summer break and have settled back into routines smoothly for the year ahead.

Water safety week is next week, where we will be covering Beaches! We have revamped our Water Safety Weeks this year to make them more interactive for our students. It is important that swimmers have an understanding of water safety skills that relate to varying water environments. Please remember to bring a t-shirt and shorts to swim in for your lesson.

If you have any questions please talk to our Lead Instructors in the red tops.

We look forward to seeing you around the pool!

## IMPORTANT DATES

- Water Safety Week: Monday 27th February
- School Holiday Program - bookings open 6th March
- Term 2 Re-enrolment Dates: 13th – 26th March 1pm
- Public Holiday 13th March (No lessons)
- Last day of Term 1 - 6th April
- Term 2 commences 24th April

### School Holiday Program

- Week 1: 11th to 14th April 2023
- Week 2: 17th to 21st of April 2023

## REPORTING ABSENCES AND MAKE-UP LESSONS

If you are absent from a lesson, please report your absence via the customer portal. Please note the following:

- A token will be issued on the day after the scheduled absence
- You must provide at least one hour's notice
- A maximum of one token can be issued each month
- Make-up lesson availability is not guaranteed
- Reporting absences opens up spaces for others to book make-ups
- Make-up tokens expire after 4 weeks
- Expired tokens are forfeited and cannot be reissued

## RE-ENROLMENT FOR TERM 2

Re-enrolment commences on the 13th of April . Please ensure you thoroughly read our re-enrolment email for details. We are also asking for people to please use the customer portal as this is the quickest way for you to re-enrol back into the program.

## WATER SAFETY WEEK

Water Safety commences Monday 27th February. Please remember to bring an old t-shirt as we mimic real life scenarios during the lesson. This week is not just about educating our swimmers, but parents as well. We encourage you to speak to your children after their lesson about what they have learned.

Our theme during water safety week this term is safety around beaches and we will be covering:

- Managing difficult situations
  - what to do if you are in trouble
  - how to help if you see someone in trouble
- Life jackets
  - When do you need them
  - How to use them properly
- Rip Currents
  - How to identify Rips
  - What to do if caught in one

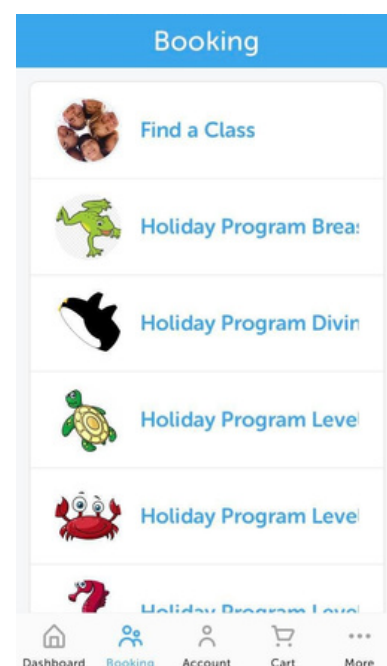
## HOLIDAY PROGRAMS

The School Holiday program will be open for enrolments from the 6th of March at either our Blackburn Aquatic Centre or Aqualink Box Hill. These week long intensives are a great way to continue with the momentum of lessons coming out of lockdown, with any left-over credit being able to be applied against this enrolment.

To enrol, the quickest and easiest way is through the customer portal via the bookings tab. Please speak to our leads or customer service team if you have any questions.

Book into the holiday program or two classes

- Week One: 11th - 14th April
- Week Two: 17th - 21st April,
- Learn to Swim – Group Classes
- Week One: \$94.00
- Week Two: \$117.50
- Learn to Dive – no lessons on Wednesdays
- Week One: Cost \$70.50
- Week Two: Cost \$94.00



Discounts: 15% off  
second enrolment or  
third child in same family

## LEARN TO DIVE

Diving is a fun sport that helps improve body awareness and coordination, and is great for those with an interest in gymnastics.

In this program, you will learn an introduction to tucks, pikes, turns, twists, and somersaults. Learn to dive is a beginner's class for ages 6+ with the only requirement being that swimmers are confident swimming in deep water and can swim to the edge of the pool without assistance.

Classes of up to 7 students will run on **Tuesday, Wednesday, and Thursday afternoons** with 4pm, 4.45pm and 5.30pm sessions (45 min windows)

**Saturday mornings** 10am, 10.45am, and 11.30am

\$23.50 per lesson and is pro rata for the term, and if booked in for swim lessons already enjoy 15% off.



## CHIEF HEALTH OFFICER HEALTH ALERT AND WHAT IT MEANS FOR OUR LESSONS

This is a timely reminder that if your child is unwell we ask they do not attend swimming lessons, eg if your child is unable to attend school due to illness it is usually best to also take a break from their swimming lesson.

More specifically in respect to the current Chief Health Officer alert, in which many kindergartens and child care centres have reported an increase in gastro outbreaks, anyone experiencing vomiting or diarrhoea should not attend lessons until 48 hours after the symptoms cease.

Please remember to notify us via the Customer Portal of your child's absence prior to your lesson.

<https://www.health.vic.gov.au/health-advisories/increase-in-gastroenteritis-outbreaks-in-childcare>

## SAFETY PSA

Just a PSA to all swimmers and spectators glass water bottles must be kept off pool deck as they do pose a safety risk.



# CLUB SQUAD

## REMINDERS AND NEWS

### MESSAGE FROM OUR HEAD COACH

*JUSTIN*

It's been a busy start to the year for our Surrey Park Club swimmers with a number of big competitions in the last few weeks, including the Victorian Sprint Championships and the Metro Championships. The excitement doesn't stop there with the both Victorian Open and Age Championship coming up in the next month.

For our Junior swimmers, we have our club nights kicking off soon with 3 dates this term! Our club nights are a great way to do some racing in a fun environment. Each club night will have a skills component as well for swimmers to work on. Our Club nights are open to all of our Junior squad club swimmers as well as those in Levels 7 and 8.

The first club night was last Friday (17th Feb), we had a great turn out with over 50 swimmers attending, the remaining club nights will be 3rd March, and the 31st March. Swimmers just need to bring their swimming gear and arrive at **4.20pm at Aqualink Outdoor Pool**.

Swimmers will need to pay for normal pool entry on their way in and Club night will finish at around 6.30pm!

There is no need to sign up. Just show up on the day ready to learn and have some fun!

### SAFE SPORT FRAMEWORK

To access further details about the framework, visit our website

<http://surreypark.org.au/safesport>.

The Safe Sport Framework and the Victorian Child Safe Standards confirm the shared responsibility everybody in the swimming community has to ensure that there is an overarching culture of child safety.

Surrey Park members are required at all times to comply with the Code of Conduct and the Code of Conduct for Dealing with Children and Young People in the Safe Sport Framework. Additional Codes of Conduct apply for Club members participating in team camps, trips and other activities.

In accordance with the Safe Sport Framework all applicants for employment at Surrey Park are required to undergo extensive screening and background checks. All paid staff, committee members, officials and other volunteers who could potentially have unsupervised contact with children are required to have a valid Working With Children Check.

If you have any concerns about a breach of this code please [click here](#) to view the reporting process.



# CLUB SQUAD

## REMINDERS AND NEWS

### MESSAGE FROM OUR HEAD COACH

CONT.

Congratulations to all swimmers that competed In the State meet this past weekend and did themselves and the club proud. The support for each other throughout the weekend was amazing the professionalism was great to see. A big shoutout to our coaches that were out there all weekend helping the swimmers learn and improve in and out of the water.

Looking forward to Victorian Age Championships having their turn to shine in March!



# SURREY PARK

## REMINDERS AND NEWS

### DMC FINS

We sell DMC fins at our Blackburn Aquatic Centre on Middleborough Rd.

DMC Swim Fins are the manufacturers of innovative swim fins that are used by junior squad swimmers all the way through to our high performance squads.

**Note:** With every fin purchase you will receive a FREE swim half mesh bag and Surrey Park swim cap.

We are stocking the Elite Max, Elite II, Elite and Original Training fins. These fins are available to try on and purchase over the counter.

For more info about DMC fins, visit their [website](#).



FREE HALF MESH BAG AND CAP WITH EVERY PURCHASE



### CAREERS

- Are you looking for a new career?
- Are you finishing parental leave and wanting a casual/part time position while your kids are young or at school?
- Are you retired and looking for a rewarding challenge?
- Are you 16+ years or older and looking for a job?

Swim teaching is an incredibly rewarding job. It pays well, has flexible hours, and is a stable and growing industry. You don't even need to be a great swimmer to be a great teacher. A friendly, warm, and patient personality is all that is needed...You will be taught the rest!

If this sounds interesting to you we have more information on our website

<https://surreypark.org.au/careers/>

Alternatively, you can email [employment@surreypark.org.au](mailto:employment@surreypark.org.au) with any questions

# SURREY PARK

## SPONSORS AND SOCIALS



The Pancake Parlour is an Australian family-owned pancake restaurant chain, serving sweet and savoury pancakes and crepes in various locations around Victoria



WE HAVE GIVEN \$5 MILLION TO OUR LOCAL COMMUNITY

Surrey Hills Community Bank® Branch



### Great offers for Surrey Park Swimming Members

Special packages are available to Surrey Park Swimming members. Contact the Surrey Hills Branch to learn more about current offers on Lending, Investments & Insurance.

We will support **Surrey Park Swimming** with sponsorship and grants as members support us. Sponsorship and Grants of up to \$1,000 are available to Surrey Park Swimming for families who take up special packages and offers.

Contact the friendly team at the Surrey Hills Branch to see how we can assist you.

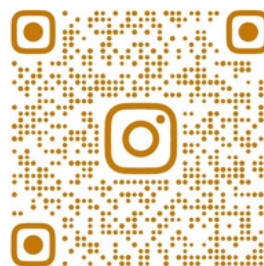
Surrey Hills Community Bank  
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P: 9890 7188

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CANTERBURY SURREY HILLS COMMUNITY FINANCE LTD.

[www.supportingourcommunity.com.au](http://www.supportingourcommunity.com.au)



@SURREYPARKSWIMMING





# SURREY PARK

## SPONSORS AND SOCIALS



### **Review Us**

If you or your child have a good experience with us we would love to hear from you!

We love getting feedback from our valued members, and sharing a review helps others to gain confidence in the fact that they are choosing to attend a great swim school

# SURREY PARK CLUB NIGHTS

TERM 1

Come and join us for an evening of race practice and have a little bit of fun along the way.

We will be hosting a series of 3 club nights in term 1 throughout February and March leading up to the Victorian Long Course Championships and the Victorian Metro All Junior Competition later in March.

Week 1: Friday 17th February

Week 2: Friday 3rd March

Week 3: Friday 31st March

Warm up will be from: 4:30-5:00

Racing will be from 5:00-6:30 at

Aqualink Box Hill outdoor pool



PLEASE BRING WITH YOU, BATHERS, GOGGLES  
TOWEL AND A CHAIR TO SIT ON. THERE WILL BE  
A POOL ENTRY FEE FOR ALL PARTICIPANTS

# What is club night?

The Surrey Park Swim club is inviting all swimmers from level 7 to State Development to come and participate in a small race meet program. We encourage all squad swimmers to participate and practise racing in a less stressful and fun environment.

Club nights will have races that all swimmers can participate in. They can choose however many events they would like to try! It will also give them a chance to practise events they may not regularly compete in. You can attend all three of the club nights or just one. It is an excellent chance for swimmers to practice their skills and learn some new ones as well.

## Events

**EVENT 1 50 FREESTYLE**

**EVENT 2 50M BACKSTROKE**

**EVENT 3 50M BREASTSTROKE**

**EVENT 4 50M BUTTERFLY**

**EVENT 5 25M BUTTERFLY  
(LEVEL 7-DEVELOPMENT SQUAD OPTION)**

**EVENT 5 100M IM**



FOR ANY INFORMATION REGARDING THE CLUB NIGHT, PLEASE EMAIL  
Matt Burns ([MATT@SURREYPARK.ORG.AU](mailto:MATT@SURREYPARK.ORG.AU))

THE SURREY PARK SWIMMING CLUB IS OPEN TO ALL SWIMMERS WHO  
ARE INTERESTED IN COMPETING. THERE IS NO NEED TO BOOK, JUST  
SHOW UP.