# SURREY PARK NEWS TERM 4



# SURREY PARK NEWS AND NEWS

# MESSAGE FROM OUR SWIM SCHOOL MANAGER

#### CHARITY

Welcome back to Term 4 and the beginning of the warmer weather! We would like to thank you for your patience throughout the last term during the re-tiling works at Aqualink Box Hill. Our regular swimming and diving classes will return at Aqualink this Saturday 21st October.

The focus of Water safety week this term will be beaches. Please ensure you do not miss this week as your children will receive important messages about how to identify rips, when and where it's safe to swim, PFD familiarisation and survival strokes. Please ensure you bring a t-shirt that your child can pop over their bathers for the lesson.

It has been predicted that a long hot summer is ahead of us. Preparing yourself and your families by gaining swimming skills that can keep everyone safe while participating in any water based activities is a lifesaving decision! If you are yet to enrol into lessons we still have spaces available for Term 4.

Charity Dickins Swim School Manager

#### **IMPORTANT DATES**

- Aqualink re-opening 21st Oct
- No lessons due to the public holiday 7th Nov
- Club Nights Friday 10th Nov 4.30-6.30pm
- School Holiday bookings open 20th Nov
- Club Nights Friday 1st Dec 4.30-6.30pm
- Re-enrolment 27th Nov 10th Dec
- Last day of Term 20th Dec
- First day of term 1 2024, 29th Jan

#### **Holiday Program**

- Week One: Jan 2nd 5th
- Week Two: Jan 8th 12th
- Week Three: Jan 15th 19th

No Lessons on weekends during this period

## **ENTRY INTO LESSONS**

#### **Aqualink Swimmers**

All swimmers must use the Surrey Park turnstile to enter the aquatic space as all attendance is now being marked via this entry.

#### How to enter via the turnstiles

We recommend downloading the customer portal APP on your phone. The QR code for the lesson can be found in the swimmer account under the QR code tab. Here you will find the unique code for the swimmer and also the code for the family member to enter. If you do not want to download the APP please let us know and we can email you a copy of the QR codes.

You can also take a screenshot of the QR code and scan this photo when coming in for a lesson or send it to someone if they are bringing your child. Just ensure you have your brightness turned up on your phone. If you are a member of Aqualink we please ask you to not use this to enter for lessons as while you can gain access to the lesson, it will not mark attendance.

For all those that have experienced some difficulties with the turnstiles, while you have been away, we have made some adjustments and our testing so far has shown entry to not be problematic.

If you are coming to lessons with a pram, please see us at reception and we will check you in and issue you with a check in card.

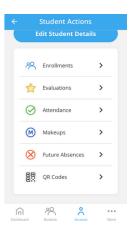
#### **Blackburn Swimmers**

We will be trialling check in kiosks towards the middle of term. These kiosks enable you to mark your attendance and see the lane location of your term or make up class. To check in you will do this via the QR code on the customer portal APP or via the mobile phone number of the primary account holder. We will send out further details via email once we get closer to its introduction.

#### **REPORTING OF ABSENCES**

Please remember if you are not coming to your lesson for whatever reason to please report this absence via the customer portal. If you are wanting a make-up token then you will only be eligible if you give us at least one

hours' notice and you have not already received one in that month. Swimmers throughout the term will be looking to find a lesson to make up for the one they missed, so in reporting your absence it will free up others to utilise their tokens.



SWIMMING

#### POLICIES

If you are new to swimming with us, please ensure you have logged into the customer portal to accept our policies. This is a condition of swimming with us and must be done prior to your next lesson.

### DIVING

Is your child over the age of 6? Are they level 3 and above? Do they love spinning, jumping and twisting?

If so then dive into our beginner dive lessons. We have some limited spots in our learn to dive programs, with a 15% discount offered if you are also enrolled in our learn to swim program Bookings can be made on the customer portal or speak to a member of our customer service team



## **HOLIDAY PROGRAMS**

All bookings will be open from the Monday the 20th of November. Lessons will be running from both centres over the January School Holidays. Week 1: 2nd to 5th January Week 2: 8th to 12th January

Week 3: 15th to 19th January

Cost: \$25 per lesson for learn to swim, \$27 per lesson for diving and \$60 per lesson for private lessons

## NOTE

We do not run diving on a Wednesday due to pool space availability.

All bookings are on a first come basis. Learn to swim is a 30 minute lesson and Learn to dive is a 45 minute lesson. A discount of 15% applies to a swimmer enrolling into a second group lesson whether that be in the same week or across multiple. A discount of 15% applies to the third swimmer group enrolment if from the same family.

No discounts apply to private lessons

# OPENING HOURS OVER HOLIDAY PERIOD

Over the holiday period we will be closed on the 21st of December and all public holidays. We will revert to holiday operating hours of Aqualink: Monday to Friday 9.00 am to 5.00 pm and weekends 9.00 am to 1.00 pm Blackburn: Monday to Friday 9.00 am to 2.00 pm and Weekends we will be closed You can find our opening hours on our website.

## **CHRISTMAS PRESENT IDEAS**

Let Surrey Park help you this Christmas. Now's the time to get organised and get a few presents ticked off your list! Great stocking fillers - Surrey Park towels, swim caps, goggles! Be sun smart with our Surrey Park caps and bucket hats, Body surf or boogie board with our training fins – great for not just our swimmers but mums and dads as well. We stock all sizes. Moving from level 7 to Development Squad? Put a pair of fins under the tree! Keep an eye out for our annual Christmas tree fundraiser.



# **AQUALINK RE-OPENING**

Aqualink Box Hill main indoor pools are now open! Can't wait to see you there!

# **AQUALINK BOX HILL**

No tricks, only treats! Join Aqualink and save up to \$674!\*

All memberships are 50% off until 31 October!

Spook-tactular savings! Choose from:

- 1. **Month to month** membership: Half-price joining fee + half price membership fees until December 15. Save up to \$124.50
- 2. **Three month** upfront memberships: Pay in advance and save up to \$223.50
- 3. **Twelve month** upfront memberships: Pay in advance and save up to \$674 per year.

#### **Everything under one roof**

Choose to swim, go to the gym, do group fitness or play. Finish off your workout with a spa, sauna or steam room.

There are over 200 group fitness classes each week. Try Les Mills, cycle, HIIT, boxing, Zumba and Aqua. Wellness classes include Yoga, Pilates, Tai Chi and more.

Plus, members can bring kids under 5 to swim free anytime!

Don't miss out on this fitness treat – click below to grab it before it vanishes!

https://bit.ly/3t1dCSS

# COMPLETE YOUR CPR -WITH SIMPLY CPR, HELPING YOU SAVE LIVES

The course provides each participant with skills and knowledge to perform CPR on an adult, child and new-born in line with the ARC guidelines. With great resources and a practical format to give you confidence every step of the way.

All health and safety guidelines are being met and sessions are available on a Monday night, and Thursday, Friday and Saturday mornings OR a day and time that suits you!

Paula, who runs Simply CPR is also a valued member of the Surrey Park family, she also provides the annual CPR training to many of our teachers!

Simply CPR offers a nationally recognised CPR course HLTAID009 - provide cardiopulmonary resuscitation. Delivered on behalf of Allen's Training Pty Ltd RTO 90909

Contact Paula 0425 707 489



http://www.simplycpr.com.au/wp/



# CLUB SQUAD REMINDERS AND NEWS

# MESSAGE FROM OUR HEAD COACH

#### JUSTIN

As we say goodbye to the cold winter months we reflect on what a fantastic short course season the club had. Surrey Park finished 3rd ranked club on the overall point score in Victoria for swimmers 18 and under and open age. We also had more than 10 swimmers attend the Australian SC Nationals in Sydney coming away with some fantastic results.

The summer months are upon us now and we start to build into our summer racing. Our Club nights have begun with over 50 swimmers attending the first night on October 8th. The coaches, assisted by some of our National Age swimmers, ran a clinic on turns for our junior swimmers which is a vital skill in training and racing. Our next club nights are on the 10th November and 1st of December. All swimmers in level 7 and 8 are encouraged to come along and enjoy a fun night of skills and racing in a relaxed environment.

#### SAFE SPORT FRAMEWORK

To access further details about the framework, visit our website http://surreypark.org.au/safesport. The Safe Sport Framework and the Victorian Child Safe Standards confirm the shared To access further details about the framework, visit our website http://surreypark.org.au/safesport. The Safe Sport Framework and the Victorian Child Safe Standards confirm the shared responsibility everybody in the swimming community has to ensure that there is an overarching culture of child safety. Surrey Park members are required at all times to comply with the Code of Conduct and the Code of Conduct for Dealing with Children and Young People in the Safe Sport Framework. Additional Codes of Conduct apply for Club members participating in team camps, trips and other activities.

In accordance with the Safe Sport Framework all applicants for employment at Surrey Park are required to undergo extensive screening and background checks.

All paid staff, committee members, officials and other volunteers who could potentially have unsupervised contact with children are required to have a valid Working With Children Check.

If you have any concerns about a breach of this code please click here to view the reporting process.

# **Committee News** UPDATES AND NEWS

# **MESSAGE FROM THE SURREY PARK COMMITTEE**

#### SIMONE WENDT

Surrey Park recently held its annual AGM, emerging for our first full year from the aftermath of COVID with a renewed sense of excitement and a positive outlook. While there is cause for celebration, there is also a touch of sadness as Stefan, a key figure in Surrey Park's success, has decided to step down from his role as President. I extend my heartfelt gratitude to Stefan for his dedicated service in various capacities on the Surrey Park committee over the years. His expertise and unwavering commitment continue to be a source of inspiration.

It is a great honour for me to take on this role, alongside both familiar and new faces on the committee. In the coming year, we will confront challenges head-on and continue to commemorate the achievements of Surrey Park Swimming. The future holds promise, and I eagerly anticipate sharing positive updates in the months ahead, including the celebration of our 120th anniversary next year.

The 2023/2024 Surrey Park Committee

#### **Executive Committee**

President - Simone Wendt Vice President - Lucinda Richards Secretary - Andrea Phillips Treasurer - Joe Zhao

#### **General Committee**

- Xavier Perronnet
- Jim Bian
- Luke Harris
- Anthony Clements
- Flynn Phillips
- Maaike Vrjj

Having a long standing connection with Surrey Park, I am eager to collaborate closely with our committee, the Surrey Park staff and the broader swimming community to uphold Surrey Park as a place of inclusion and a destination of choice for families and swimmers.



Simone Wendt, Club President

# **Community Page**

#### SASSY SCRUNCHIES & HAPPY HEADBANDS

https://sassy-scrunchies.square.site/s/shop

Rose (8 years old) and Beatrice (6 years old) have started making their own headbands and scrunchies to raise money for the RSPCA. The pieces are made with 100% cotton, are super comfortable, packaged plastic free and bring style to any outfit!

#### SUPPORT YOUR CHILD LEARNING

https://www.cglearning.com.au

At CGLearning, we believe every young learner is unique. Personalised Program that design and combine with our intervention teaching approach to deliver engaging and effective classes for young leaners from Age 2-VCE - English & Maths



#### WILD AT ART SHOWCASE 2023

http://acf.to/WAAshowcase

4/11/2023 at 3-5pm, Box Hill Community Arts Centre

The 2023 Wild At Art Showcase for Endangered Wildlife is a curated exhibition to raise awareness about environmental issues and galvanise action. This event



features a wide selection of children's artworks from our local community. These young artists participated in the ACF Wild at Art competition

#### **GLAM STUDIO BY JAZZ**

www.instagram.com/glamstudiobyjazz

Professional makeup artist based in Box hill. I would love to be a part of your special occasion to provide the ultimate makeup and glamour experience to transform you in to your most gorgeous self!

Services available: Make up, Hair style, Draping, Styling Consultations

#### ORCHARD GROVE PRIMARY SCHOOL FIESTA

https://sites.google.com/view/ogpsfiesta2023/home 20/10/2023 at 4pm

The OGPS Fiesta is a funfilled evening for all to enjoy. Starting at 4pm and ending with a breathtaking fireworks display at dark, enjoy delicious food, thrilling amusement rides, entertainment, activities and



market stalls. There's something for everyone!

#### **VERMONT PHYSIOTHERAPY**

www.vermontphysiotherapy.com.au/

Vermont Physiotherapy has been providing quality healthcare to the local community for almost 50 years. Should you have a sporting, work or general injury across any stage of life, we endeavour to resolve your issues in a friendly and timely manner. Open Monday to Saturday, with same day appointments available and no referrals necessary.

#### SPOT FINANCE GROUP

https://www.spotfinance.com.au

Residential and Commercial Finance business helping local communities with better lending rates, options and solutions

#### DERMAL CLINICIAN SKIN CLINIC CRANBOURNE NORTH

#### https://www.giaquintaskin.com

Gia Quinta Skin is a private home based clinic in Cranbourne North where Dermal Clinician Mikaela educates, manages and treats acute and chronic skin conditions.

She is an allied health professional registered with the ASDC and voted by Herald Sun as top 3 in victoria 2023 for skin clinics.

# **Community Page**

#### THE KIDS' BOOKSHOP

https://www.thekidsbookshop.com.au

The Kids' Bookshop is an independently owned business specialising in books for children if all ages. Owned by a practising teacher librarian, our specialty is matching books with readers. Visit us in store or online for expert advice in the lead up to Christmas.

### DPV CONSTRUCTION: RENOVATION & EXTENSIONS

https://www.dpvconstruction.com.au Specialising in bespoke projects (renovations & extensions), the team at DPV Construction love a challenge.

With a unique outlook and high attention to detail, DPV Construction sets itself apart in the industry through its dedication and attentive approach to each and every job it undertakes.

#### WYCLIF CRICKET CLUB

https://wyclifcc.squarespace.com/



Wyclif Cricket Club juniors program, starting from 14th October - all welcome from ages 4 and up.

## MACV LEARN LOCAL COURSES

https://www.wbiz.com.au/resources/learn-localcourses-whitehorse

MACV are an alliance of four Neighbourhood Houses in the City of Whitehorse. They provide Learn Local courses, which are short-term courses offered at free or low cost to adults in the community.

The courses provide pathways to employment, further study and training.

#### MITCHAM COMMUNITY HOUSE OPEN DAY

#### www.facebook.com/MitchamCommunityHouse/

21/10/2023 Mitcham Community House 11.30am Our Open Day is on again this year with gold coin entry, \$2 sausages and free facepainting, art exhibition and much more. Vermont Garden Club and Mitcham Community House Knitting Group will both have stalls with items for sale. All welcome! Call 9873 4587 for more info



#### CARNIVAL AT ESSEX HEIGHTS PRIMARY SCHOOL

18/11/2023 at 11am Music and entertainment, Fun rides and food stalls and trucks, sports zone, games, trash and treasure, beer, wine and cocktails.



#### FUNDRAISING & COMMUNITY EVENT

18/11/23 at 9am https://www.vsnh.org.au

Vermont South Neighbourhood House is holding a Garage Sale Trail Market Day. A fun community event with stalls, food, entertainment and more!

LOOK OUT FOR OUR EMAILS EACH TERM TO GET YOUR BUSINESS OR EVENT ADVERTISED!

# **SURREY PARK** REMINDERS AND NEWS

# **DMC FINS**

We sell DMC fins at our Blackburn Aquatic Centre on Middleborough Rd. DMC Swim Fins are the manufacturers of innovative swim fins that are used by junior squad swimmers all the way through to our high performance squads.

Note: With every fin purchase you will receive a FREE drink bottle and a Surrey Park swim cap for current swim school customers and club members"

We are stocking the Elite Max, Elite II, Elite and Original Training fins. These fins are available to try on and purchase over the counter.

For more info about DMC fins, visit their website.



## CAREERS

- Are you looking for a new career?
- Have you finishing parental leave and want a casual/part time position while your kids are young or at school?
- Are you retired and looking for a rewarding challenge?
- Are you 16+ years or older and looking for a job?

Swim teaching is an incredibly rewarding job. It pays well, has flexible hours, and is a stable and growing industry. You don't even need to be a great swimmer to be a great teacher. A friendly, warm, and patient personality is all that is needed...You will be taught the rest!

If this sounds interesting to you we have more information on our website https://surreypark.org.au/careers/ Alternatively, you can email employment@surreypark.org.au with any questions

# **SURREY PARK** SPONSORS AND SOCIALS



The Pancake Parlour is an Australian familyowned pancake restaurant chain, serving sweet and savoury pancakes and crepes in various locations around Victoria

#### WE HAVE GIVEN \$5 MILLION TO OUR LOCAL COMMUNITY

#### Surrey Hills Community Bank® Branch

🕑 Bendigo Bank

#### **Great offers for Surrey Park Swimming Members**

Special packages are available to Surrey Park Swimming members. Contact the Surrey Hills Branch to learn more about current offers on Lending, Investments & Insurance.

We will support Surrey Park Swimming with sponsorship and grants as members support us. Sponsorship and Grants of up to \$1,000 are available to Surrey Park Swimming for families who take up special packages and offers.

#### Contact the friendly team at the Surrey Hills Branch to see how we can assist yo

P: 9890 7188

107 Union Rd, Surrey Hills E: SU

Surrey Hills Community Bank







# **Surrey Park Socials**

Follow our socials to stay up to date with everything Club and Learn to Swim





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